

Oligoasthenoteratozoospermia (OAT) – a case report

By (Prof) Dr Partha P. Ray

Abstract: The specialty of homeopathic philosophy is individualistic approach. Individualization is the method of singling out a person from several persons from his unique characteristics. From the stand point of holism we treat every patient, not with the name of the disease but from the special expression of the individual. Same is reflected in a case of oligoasthenoteratozoospermia (OAT).

Keywords: Homeopathy – oligoasthenoteratozoospermia – individualization – approach of case receiving and management

Abbreviations: oligoasthenoteratozoospermia (OAT)

Introduction

Hahnemann's discovery of homeopathy was the outcome of his philosophical conflict with the prevailing mode of treatment and a humanistic attitude. Hahnemann's innovative thought led him to attach many thought processes forwarded by philosophical and medical maestros before him and contemporaries who provoked though provoked new ideas and shake the German youth (Aufklärung, the renaissances of Germany). Name of socrates, Plato, Aristotle, Bacon, Descartes, Kant, Schelling, Hegel, Sthal, Hoffman, Barthez Hegel from philosophy and Friedrich Mesmer, Paracelsus, Galen, Cullen Edward Jenner from medical word may be connected with evolution of Homeopathic philosophy. Hahnemann took the best from all under a single umbrella and gave the name –homeopathy.

Concept of individualization is one of the most vital aspects of homeopathic prescription. If holism is a part of formation so individualisation is the part of practicability. If holism is a concept than individualization is the basis of homeopathic prescription. The expression of the disease though occurs through a

part but the whole person is sick, the Sickness of an individual is the basic phenomenon having its final expression occurs at its part or Homeopathy treats the patient not the disease – are the various phrases are the outcome of the very distinct and scientific concept.

The word "individualisation" is derived from the Latin root, 'individuus' means in (not) and dividuus (divisible). The nearest english is individuality. In the light of study of human life, the term Individual signifies a unique human being, distinct form general class and not further classifiable in his essence of being. In its fundamental nature, an individual represents indivisibility not from the anatomical point of view but rather from the aspect of his real essence that is his innermost self. Individuality is fundamental in men. It is not merely a certain aspect of the organism. But it permeates our entire our entire beings. It makes the self – a unique event in the history of the world. It stamps its mark on the whole of the body and consciousness, and, although remaining invisible, on each component of this whole¹.

And simultaneously with physical activities, the body manifests other

activities, which are called mental. The existence of the mind, of consciousness, is detected by other procedures, such as those employed in the introspection and in the study of human behavior

This issue is now supported by modern medicine also. "When a patient sees a doctor, he has some expectations and hopes", *API Text Book of Medicine* says, "They expect him to be interested in them as an individual. – He should not consider the patient as a bundle of symptoms, abnormal physical signs or pathological tissue specimens but a human being who has approached him for relief from physical and mental agony". Harrison also declares, "—In this era of 'Techno-medicine', physicians need of approach to the patient not as 'case' or 'disease', but as individual whose problems are also to often transcend their physical complaints". The 'ideals' sited in the *Oxford Handbook of Clinical Medicine* also says, "Treat the whole patient, not the disease", which sounds like Hahnemann, conveying his unrest request form the last to last century.

Aim and objective: To establish the role of individualisation in the management of oligoasthenoteratozoospermia

CASE STUDY

Materials and methods: A single case report of oligoasthenoteratozoospermia with favourable outcome by homeopathic treatment.

TEST DESCRIPTION	TEST RESULT	REFERENCE RANGE
INFERTILITY		
Semen Evaluation		
Volume	2 ml	1.4-1.7 ml
pH	7.2	>7.2
Fructose	Present	
Viscosity	Equivocal	Normal
Sperm Concentration	4 Million/ml	>16 Million/ml
Motility (PM+NP)	45 %	%
- Progressive Motility (PM) (RPM+SPM)	30 %	31-34 %
- Rapid Progressive Motility (RPM)	15 %	%
- Slow Progressive Motility (SPM)	15 %	%
Non Progressive Motility (NP)	15 %	%
Immotile	55 %	%
Agglutination/Aggregation	absent	
Viability	46 %	55-63 %
RBC	46 %	55-63 %
Morphology Normal	2 %	3-4 %
Morphology Abnormal	98 %	%
Comments: SEVERE OLIGOASTHENOTERATOZOOSPERMIA		

Before treatment

Case report

The following is a case of a lawyer of 37 years who came with the problem of infertility. He was the father of 7 years son and now planning for the second baby. As per the patient, they were trying for last six months but the result is hopeless. Then the couple had gone to gynaecologist where under a set of investigations he is diagnosed to have oligoasthenoteratozoospermia. The term oligoasthenoteratozoospermia, or OAT, is used when all three of the following factors are present: an abnormally low level of sperm of a healthy shape (teratozoospermia), an abnormally low amount of sperm (oligozoospermia), an abnormally low amount of sperm with good motility (asthenozoospermia). Along with this, he developed some erection

problem, performance difficulty and quick ejaculation. He suffered from

increased heart beats two years back and diagnosed to have hypertension. There was one episode of fever when he had elevated blood sugar but that was the first and last time. His father was diabetic and hypertensive and mother has moderately increased blood pressure. His grandfather was diabetic and hypertensive - something that both of the diseases run in the family. Occasionally, he consumed alcohol, takes green tea, sprouts and walks five kilometers - health conscious we may conclude. His appetite was good. He had a desire for less oily, less spicy homemade food. Loves chicken, fish. He likes raw onion. Fond of apples, banana, milk and curd. Stools were not satisfactory has to attain 2-3 times in morning. Sleep was good but he had lot of dreams, especially of accidents and snake. Mentally calm and quite but now disturbed due to complaints. Wanted everything under a routine and feels comfortable. Predictive, on many occasions his predictions

TEST DESCRIPTION	TEST RESULT	REFERENCE RANGE
INFERTILITY		
Semen Evaluation		
Volume	3 ml	1.4-1.7 ml
pH	7.4	>7.2
Fructose	Present	
Viscosity	Equivocal	Normal
Sperm Concentration	> 90 Million/ml	>16 Million/ml
Motility (PM+NP)	75 %	%
- Progressive Motility (PM) (RPM+SPM)	55 %	31-34 %
- Rapid Progressive Motility (RPM)	35 %	%
- Slow Progressive Motility (SPM)	20 %	%
Non Progressive Motility (NP)	20 %	%
Immotile	25 %	%
Agglutination/Aggregation	GRADE III	
Viability	75 %	55-63 %
RBC	80 %	55-63 %
Morphology Normal	8 %	3-4 %
Morphology Abnormal	92 %	%
Comments: NORMOZOOSPERMIA WITH GRADE III AGGREGATION		

After treatment

were found correct. He said that it was his God gifted ability. Good in leadership ability, firm in taking decision. Thermally towards chilly. Built was medium with frontal baldness, and now developed hanging warts under axilla and neck folds.

What data related to the sexual sphere collected from the case are not of very much importance and cannot be considered as characteristics. Because the erectile dysfunction, early ejaculation and performance disability is the outcome of mental dissonance resultant of his disease. In male domination society like India, becomes difficult for a male to accept his physical fault especially at the sexual sphere. Moreover, these complaints developed after he diagnosed to have the disease. Looking upon the physical expressions, nothing special was noticed. So if the target is 'individualising examination of a case of disease', this would not help in selection of the drug.

Hence, naturally one needs to explore more. The miasmatic background of this case suggested sycosis. The disease from which the patient suffering is a combination of sycotic and syphilitic miasm. So one needs a medicine that can cover this background with symptom similarity of the case.

The patient was predictive and his predictions were correct. He believed it to be a God gifted ability. He tried to live in a routine and felt comfortable in it. Lawyer by profession and he was successful, meant his ability to put references were correct. Thermally he was towards chilly. His built was medium with frontal baldness, and now he developed hanging warts

under axilla and neck folds. A strong history of diabetes and hypertension in the family.

Thuja occidentalis 0/1 (in fifty millicimal scale) was selected. This was prescribed one day interval for seven days. There was better subjective feeling. Stool complaints were better. The same medicine continued up to 0/6 potency. And the report was encouraging.

This prescription was not done with repertorial support but from common understanding of homoeopathic materia medica with miasmatic integration.

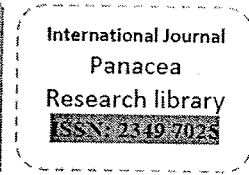
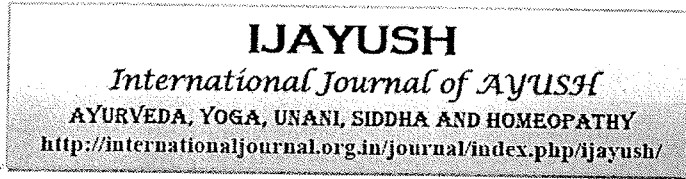
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Review Article

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HAHNEMANN UN-ANSWERED

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ABSTRACT: *Homoeopathic principles were discovered against the un-scientific and in human treatment protocol of Hahnemann's time. Hahnemann's solitary revolt ultimately became successful and homoeopathy attracted the attention of thousands of people across the universe. He came out with many new perspectives but in many occasions these dictums are not well explained, missed and not beyond controversy.*

KEY WORDS: *Homoeopathy – Hahnemann –Potency – Genus epidemicus – Miasm - Vital force*

INTRODUCTION:

At the very outset I want to pay my deepest homage to the founder of Homoeopathy, Dr. Samuel Hahnemann. The work done by this man in two hundred years before was not only innovative, but ahead of his time. The concept of smallest possible dose, individualization, concept of miasm astounds us. We have seen the efficacy of small doses in terms of vaccination. Individualization – a concept getting supported from modern thinkers¹. The genetic diseases make us understand the worth of concept of miasm.

¹ "When a patient sees a doctor, he has some expectations and hopes", **API Text Book of Medicine** says, "They expect him to be interested in them as an individual. – He should not consider the patient as a bundle of symptoms, abnormal physical signs or pathological tissue specimens but a human being who has approached him for relief from physical and mental agony". **Harrison** also declares, "--In this era of 'Techno-medicine', physicians need of approach to the patient not as 'case' or 'disease', but as individual whose problems are also to often transcend their

This article is only for finding the conceptual dis-integrity of the work of Hahnemann whose rectification is essential to fit Homoeopathy as per the demand of science.

MATERIALS AND METHODS: We have studied a vast literature and tried to understand the concept, evolution and references of such theory in Homoeopathy. The theoretical study was conducted at Aurangabad from September 2020 to March 2021.

REVIEW OF THE LITERATURE:

As we all know that the official announcement of homoeopathy, that is a mode of therapy may exist apart from the conventional thought, was made through an article titled "**Essay on a new principle for ascertaining the curative power of the drugs**" published in the Hufeland's journal for the practicing physician Vol. 2, pts. 3,4. This was for the first time, public announcement of the new principals guiding Homoeopathy made, which as per **Haehl**, "*the fact remains that 1796 is the year of birth of Homoeopathy*". Interestingly, **Edward Jenner** became successful in the same year². Further to add that this was an era of translation of different material medica by Hahnemann. In 1787 we found Hahnemann to translate "**MedizinalPflanzen**" by **Kholer**. During 1790 he translated, "**A treatise on the materiamedica**" (Leipsic / Schweikret / 2 volumes) by **William Cullen** and in 1791 he translated **Donald Monro's "Medicinal and pharmaceutical chemistry"** (Leipsic / 2 vols.³)

In this article that is "**Essay on a new principle for ascertaining the curative power of the drugs**" Hahnemann for the first time speaks regarding law of similia (*similiasimilibuscurenture*). That is not came as direction, a proposal which reads, "We should imitate nature, which sometimes cures a chronic disease by super adding another, and employ in the (especially chronic) disease we wish to cure, that medicine which is able to produce another very similar artificial disease, and the former will be cured ; similia

physical complaints". The 'ideals' cited in the **Oxford Handbook of Clinical Medicine** also says, "Treat the whole patient, not the disease", which sounds like Hahnemann, conveying his unrest request from the last to last century.

² Samuel Hahnemann, His life and time/ Trevor Cook/ B. Jain/ New Delhi/ 2001/ P= 79

³The Life and Letters of Dr Samuel Hahnemann/ By Thomas Lindsley Bradford, M.D.

simili bus curenture⁴". Even in the **first edition this law came in the introduction under bracket and no aphorism is dedicated for that.**

Gradually the other doctrines developed, which was the working hypothesis such as drug proving, simplex, potentization and later the theories of chronic diseases and vital force. Hahnemann first proved china and understood that is the only way which shall help to find the therapeutic action of the remedy. This is not Hahnemann only, many enthusiastic persons used to take drug to see its effect. Many unfortunate incidences had happened also. We find Hahnemann was much cautious in the process of proving he adopted. Stapfin response to Stapf's proposal to invite all physicians to conduct homeopathic drug provings: "No, only young heads which are not yet filled to overflowing with the conventional dogma, through whose veins do not yet stream millions of medical prejudices; only such young and impartial people who still value the truth and happiness of humanity, who are open to our simple doctrine of salvation... etc⁵. Hahnemann's scepticism was presumably partly the result of his failed attempt at interesting the physicians of Leipzig in his homeopathy courses. Medical students, as he had found out, were more amenable.

In the initial days of practice Hahnemann used the drugs prepared by other people only the similia was maintained. Later he understood that micro doses may produce mega result. Theory of potentization which is the counterpart of dilution and succession was the outcome of his constant experimentations. He never gave up experiments and really he did not believe on empty speculations.

Hahnemann was motivated by Hippocratic teaching without doubt. Hippocrates closely observed the effects of these similars and opposites on the constitutions of his patients and noted the responses of the treatment on the "**vis medicana natura, physis**". Vide **Hippocrates**, "*There are diseases to be treated by similars, others better treated by*

⁴Essay on a new principle for ascertaining the curative powers of drugs, paragraph 64

⁵ Hahnemann the founder of Homoeopathy / Robert Jutte

contraries. Everything is dependent on the nature of the disease.⁶ He was motivated by Bacon and Immanuel Kant⁷ of his time and developed a view of rational thinking.

HAHNEMANN AND POTENCY PARADOX:

We find Hahnemann to speak on constitution in section 5 which reads, "In these investigations, the ascertainable physical constitution of the patient (especially when the disease is chronic), his moral and intellectual character, his occupation, mode of living and habits, his social and domestic relations, his age, sexual function, etc., are to be taken into consideration.⁸" This word is further used in Aphorism 78, 81 and etc. where only this concept was attached only of **physical structure** but later in section 136 he speaks of **corporeal and mental constitution**. The word temperament is nowhere used in the text or footnotes of Organon. He used the word **disposition** and footnote 213 reads, *'Thus aconite will seldom or never effect a rapid or permanent cure in a patient of a quiet, calm, equable disposition; and just as little will nux vomica be serviceable where the disposition is mild and phlegmatic, pulsatilla where it is happy, gay and obstinate, or ignatia where it is imperturbable and disposed neither to be frightened nor vexed'*.

Homoeopathy is expected to stick to the principle of Individualization and totality of symptoms with perfect direction on power and doses (amount and time). While speaking on mental disease conditions he writes, 'If, however, insanity or mania (caused by fright, vexation, the abuse of spirituous liquors, etc.) have suddenly broken out as an acute disease in the patient's ordinary calm state, although it almost always arises from internal psora, like a flame bursting forth from it, yet when it occurs in this acute manner **it should not be immediately treated with antipsoric**, but in the first place with remedies indicated for it out of the order class of proved medicaments (e.g., **aconite, belladonna, stramonium, hyoscyamus, mercury, etc.**) in highly potentized, minute, homoeopathic doses, in order to subdue it so far that the psora shall for the time revert to its former latent state, wherein the patient appears as if quite well⁹. **Here what potency to be used is not mentioned.**

⁶Aphorisms of Hippocrates/ ADAM'S Hippocrates

⁷ Samuel Hahnemann his Life and works / Richard Haehl/ Vol. 1/ B. Jain/ New Delhi/ 1992/ P= 251.

⁸ Hahnemann/ Organon of medicine / tr. By Dudgeon & Boericke/ B. Jain/ New Delhi/ 1996/ Section 5

⁹ Hahnemann/ Organon of medicine / tr. By Dudgeon & Boericke/ B. Jain/ New Delhi/ 1996/ Section 221

Because we know Hahnemann was stuck by his assertion that 30 were “high enough for any homoeopath”¹⁰. Hahnemann himself felt, in 1829, the urgent necessity of a limit in potentiation and declared the ultimate degree of dilution to be the 30th centesimal potency. It is true however, that he had already exceeded this limit in 1825, when, as we saw, he recommended Thuja for gonorrhoea; in that case he had described the **60th potency** as being particularly efficacious¹¹. *In the year 1829, Hahnemann came upon the strange idea of setting up a kind of standard dose for all curative remedies used in homoeopathy. This was to be the 30th centesimal*¹².

The most unanswered issue from Hahnemann is this potency paradox. Why he restricted only to thirty potency, is not known. This was 1829. He observed the work of Dr Gross of Jüterbogk, Dr Schréter of Lemberg and General Korsakoff in Russia. They became the real founders of the theory of high potencies, which later on found an industrious and zealous protagonist in Stapf¹³ also. How anxious he was at that time to set a limit to the over-enthusiasm of his students, is best shown by the following letter to Dr Schréter, of Lemberg, of the 12 Sept 1829: *“I do not approve of your potentising medicines higher than to XII and XXII [my emphasis] - there must be a limit to the matter, it cannot go on indefinitely. But by definitely deciding that homoeopathic medicines should be diluted and potentised up to 30 C - a homogeneous process arises in the cures of all homoeopaths and if they describe a cure, we are able to work after them in the same degree, since they are operating with the same tools as we are. Then our enemies cannot reproach us with all having nothing definite, no fixed standard”*¹⁴.

Did Hahnemann understand that he cannot stop his disciples especially like of Korsakoff in Russia who created a peculiar method of Potentization. A good number of Homoeopathic stalwarts like **Boenninghausen, Dr. Stapf**, and **Dr. Rummel** and **Dr. Hering** were in favor of increasing the potency. Hering shouted, “Higher, higher every year” across Atlantic. This

¹⁰ Hahnemann and Homoeopathy/ Peter Morrel/ B. Jain/ New Delhi/ 2003/ P = 138

¹¹ Ibid /P = 139

¹² Samuel Hahnemann his Life and works / Richard Haehl/ Vol. 1/ B. Jain/ New Delhi/ 1992/ P= 321 - 221.

¹³ Dr. Stapf and Gross actually wrote Chronic diseases, their nature and Homoeopathic treatment as per Hahnemann's direction. They were called because Hahnemann's health could not permit him to write the manuscript.

¹⁴ Samuel Hahnemann his Life and works / Richard Haehl/ Vol. 1/ B. Jain/ New Delhi/ 1992

further added fuel in the theory and very soon Homoeopath got 100, 200, 500, 800, 1000, 1500, 2000, 10,000, 50,000 and even higher potencies. Was this the reason the Hahnemann was going to introduce his fifty millicimal scale or it was already there and so Hahnemann lost his interest on centesimal scale? **The question has no answer.**

HAHNEMANN AND GENUS EPIDEMICUS:

In the same way when He makes a guideline for the treatment of epidemics of Ague (Malaria) the doctrine of individualization seems to vanish. Aphorism 282 reads '...., which would have been useful in the first paroxysms (rarely an antipsoric), is now no longer suitable and cannot be of any service. We have now to do with a psoric intermittent fever only, and this will generally be subdued by minute and rarely repeated doses of **sulphur or heparsulphuris** in a high potency.' Again we don't know what is the potency and why **sulphur or heparsulphuris only. Is it to be given without any totality? If it is then where the doctrine of totality gone?**

Aphorism 243 says, ", a homoeopathic remedy selected for the special case from the other **class of proved (not antipsoric) medicines**; but if, notwithstanding this procedure, the recovery is deferred, we know that we have **psora** on the point of its development, and that in this case antipsoric medicines alone can effect a radical cure" and, "..but one or two very small doses of a **highly potentized solution of cinchona bark would**, conjointly with the well-regulated mode of living just alluded to, speedily free him from the disease (Aphorism 244)' and finally, 'Large, oft-repeated doses of cinchona bark, as also concentrated cinchona remedies, such as the **sulphate of quinine**, have certainly the power of freeing such patients from the periodical fits of the marsh ague; but those thus deceived into the belief that they are cured remain diseased in another way'. **Doesn't it violate the rules of Homoeopathy?**

HAHNEMANN AND CHRONIC MIASM:

The third area where we find Hahnemann was unanswered, his theory of chronic miasm. He writes in a foot note of page no. 44 of Chronic disease, *"It was more easy to me, then to many hundreds of others, to find out and to recognize the signs of psora as well as when latent and as yet slumbering within, as when it has grown to considerable chronic diseases, by an*

*accurate comparison of the state of health of all such persons with myself, who, as is seldom the case, have never been afflicted with the psora, and have, therefore, from my birth even until now in my eightieth year, been entirely free from the (smaller and greater) ailments enumerated here and further below, although I have been, on the whole, very apt to catch acute epidemic diseases, and have been exposed to many mental exertions and thousand fold vexations of spirit*¹⁵.

Hahnemann admits then, though indirectly, that there is a state of predisposition prior to the getting infected with the psoric miasm. Here Hahnemann seems to distinguish between two types of susceptibility on the part of human beings; **susceptibility to acute infections and that to the chronic diseases**. But he fails to develop his contention. Thus we come to the conclusion that the psora is not a diathesis or dyscrasia but a diseased condition itself¹⁶. Regarding the same issue Stuart Close writes, "The primary error consisted in regarding psora merely as a dyscrasia or diathesis, which is directly opposed to what Hahnemann taught as we now understand it. Instead of regarding psora as a dyscrasia Hahnemann included several dyscrasias among the morbid conditions and disease caused by psora"¹⁷.

This is true that Hahnemann could not make himself free from this dilemma. Accordingly in the first edition of Chronic disease and in an essay submitted to the homoeopathic congress in 1830 he recommended the application to the back or elsewhere of a **Burgundy-pitch**¹⁸ **plaster, for the purpose of bringing out an eruption; but he afterwards found that the production of such an eruption did not forward the cure, so in second edition of Chronic Disease and fifth edition of Organon, he retracts his recommendation for this**. He says, however, the plaster, may be serviceable to show the reality of the existence of psoric diseases, for it is, he alleges, only where the later exists that the former produces the eruption; in a non-psoric individual the plaster occasions neither eruption or itching. In the first three editions of Organon he adduced a number of examples of chronic diseases, especially asthma and phthisis, cured by infection of itch but in last two editions he says

¹⁵ Hahnemann/ The chronic diseases/ B. Jain/ New Delhi/ 1992/ P = 44

¹⁶ Hahnemann's Organon – commentary by B. K. Shirker/ M. Bhattacharya & Co. Calcutta/ 1987/P = 353

¹⁷ The Genius of Homoeopathy / S. Close / B. Jain/ New Delhi/ 1995 / P = 94

¹⁸ **Burgundy-pitch** is yellowish brown or reddish brown hard viscous resin obtained as an exudation from the Norway spruce and used especially formerly in medicinal plasters or resin from any of various pines or firs sometimes mixed with other substances (such as turpentine) / <https://www.merriamwebster.com>

they must not be over looked upon as such for these maladies are themselves arising as they are of psoric in origin¹⁹. Dudgeon writes, 'It seems to me, **the uncertainty Hahnemann felt as to the truth of his doctrine of chronic diseases, and his unwillingness to make a complete retraction of opinions he had formerly exposed, though by failing to do so he put himself in the predicament of inculcating opposite opinions in different works**".

Dr. Stapf, who actualized this work with Hahnemann, accepted this new theory saying it to be the surprising revelation respecting the nature and treatment of chronic diseases wrongly being thought till date. **Dr. Alexander Peterson** of Pensa in Russia accepted this Psora theory. **Rau** of Giessen, the materialist man, accepted that any of the chronic diseases are due to the ill cured itch. **Dr. Wolf** supported this theory. **Dr. Schrön** admitted that this doctrine has had a material influence on practice. **Dr. Hering**, was skeptical when Hahnemann first introduced his miasmatic theory, but after observing the syndromes in his patients, he became a great contributor to the further development of the doctrine and followed Hahnemann believing that all epidemic fevers are psoric²⁰. So as the post Hahnemanian homoeopaths are concerned Kent supported this theory to massive extent. The glimpses are collected Vide **Kent's Lectures on Homeopathic Philosophy**²¹, which says, "Asthma, when it is hereditary, is one of the sycotic diseases of Hahnemann". Another experienced homeopath, **H. C. Allen**, offered his opinion as to the use of the totality without an understanding of the chronic miasms and their layers. In his classic, **The Chronic Miasms he writes**, "I think I hear many say, are not the totality of the symptoms, all there is to disease? Yes, but to me it is necessary to know something of what is behind that grouping of the totality. If you do not know this you are prescribing for a Jack-in-the-box. You cannot follow the evolution of the curative process; you cannot even prescribe intelligently the proper diet for a patient, unless you know the basic miasm. Of course the diseases that are present will help you to some extent, but you have no surety unless you know the underlying basic disturber of the disordered life". **Dr. Allen** shared his feelings in this way, "We make no attack upon the law; no cure can be made outside of the law. But we

¹⁹ Lectures on the theory and practice of Homoeopathy/ R. E. Dudgeon/ B. Jain/ 1987/ 257

²⁰ Lectures on the theory and practice of Homoeopathy/ R. E. Dudgeon/ B. Jain/ 1987/ 267

²¹ Lectures on Homoeopathic Philosophy/ J. T. Kent/ Paul Medico/ Calcutta/ 1992/ P =169

do believe it is necessary to know whether the phenomena presented in a given case are of sycotic, syphilitic or tubercular origin; for the totality grouping of the symptoms must be around the symptoms of the active miasm" and again "A knowledge of all miasmatic phenomenon would be, in Toto, a complete knowledge of all that is known as disease, and beyond these symptoms there is nothing discoverable or recognizable as disease"²². **H. A. Robert** extended his support in it saying psora is a deficiency²³.

Dunhum passes this puzzle saying it may be impotent for anamnesis. He also says that psora may be said as pre-disposition then a disease itself.

Burnett wrote: "The truth, for me, is that you cannot kill acari by any dynamic dose of any remedy whatsoever, and hence I have thrown the doctrine overboard... I would restate the doctrine thus: You cannot cure the itch by dynamic medication, and you must therefore kill the acari; they should be killed on the spot, the sooner the better; you cannot kill acari with dynamic remedies, and they should be killed at once."

We find **Otto Lesser** remarks in his **Textbook of Homoeopathic Materia Media**, "Although one does not have the impression of a 'loquacitassenilis'²⁴ there is the ring of incompletely formulated mental sequences. **Only in a type of summary has Hahnemann finishes this thoughts and then, capricious as he was, attributed itch as the cause of psora and there with the majority of chronic diseases.** He gave the most unimportant aspect of the entire psora theory as excessive accent and there was and still is the danger that the good is cast away with the bad, that is, in this instance that theoretically and practically important thoughts on the relation of chronic diseases remain unconsidered". **Dudgeon** commented that, it is not a doctrinal coeval with the promulgation of the homoeopathic principle, but on after taught, and not developed until thirty-two years later and as we might give credence to it, like Autereith, Schoenlein and others, without losing any of our claims to the doctrine. It is not a doctrinal coeval promulgator of the Homoeopathic principals --- so we may reject it with out losing any claims of the subject or

²² The chronic miasm, psora, pseudo and Sycosis/ Allen, J. H./ B. Jain/ New Delhi/ 2002/ Vol. 1/ P = 15

²³ The principles and art of cure by Homoeopathy/ Robert H. A./ B. Jain/ 1993/ New Delhi/ P = 185

²⁴ Old man's talks when he attends senility.

title²⁴” and again, “When Hahnemann talks of the utter inefficacy of the treatment of chronic diseases he is guilty with the great exaggeration, a fault which he very frequently commits; for there is no doubt that chronic diseases were cured by Hahnemann by himself, as we learn from many cases detailed in his Lesser writings, before the discovery of the psoric origin of disease, and before he knew a single so-called anit-psoric medicine”²⁵. **Griesselich** said that Hahnemann’s psora theory is too much one sided. By accepting this theory as genera; morbific because we shut ourselves out from investigating the cause of diseases[¶]. **Dr. Arlond** says, “It becomes therefore a question, how a skin disease that is caused and kept up by a parasite can give rise to the diseases of the other organs?”[¶].

HAHNEMANN AND VITAL FORCE:

Hahnemann as a keen observer and as a lifetime student most probably followed all of the fore said contemporary as well as the old writings. Being the full devotee to the God²⁶ studied the Bible thoroughly so the ideas regarding the Vital Force were not unknown to him. He was a student of classical philosophy and a master of Greek and Latin he got the privilege of studying the original works of Naturalists and Hippocratic cannon. It seems that Hippocrates massively influenced Hahnemann. Samuel’s introduction of ‘**Vigor Vitae**’ is based on the conception of Hippocrates, Stahl & Barthez. Hippocrates thought physics was innate to the human constitution and temperament. This life force is responsible for homoeostasis, adaptation and self-preservation of human being. The Greek called the life force, dynamic, the Sovereign, because it rules all human activities. In **Organon** Hahnemann had defined Vital force as the single ruling dynamic power that enlivens the material organism and provides the harmony in the vital operation. Hahnemann used the word ‘**Seele**’, which means soul.

²⁴ Lectures on the theory and practice of Homoeopathy/ R. E. Dudgeon/ B. Jain/ 1987/ 289

²⁵ Lectures on the theory and practice of Homoeopathy/ R. E. Dudgeon/ B. Jain/ 1987/ 279

[¶] Lectures on the theory and practice of Homoeopathy/ R. E. Dudgeon/ B. Jain/ 1987/ 285

²⁶Sec: 17, “It is only thus that God the preserver of mankind, could reveal His wisdom and goodness in reference to the cure of the disease to which man is liable here below, by showing to the physician what he had to remove in disease in order to annihilate them and thus re-establish health”./ Sec: 60, F.N. 1 “*But God knows the patient on his bed of sickness was not treated with violence, for the prick of a small lancet is not really painful and the gum Arabic solution (Eau de Gourme, almost the only medicine that Brousseau used) was mild in taste and without apparent action - the bite of the leeches insignificant and the blood letting by the physician done quietly while the luke warm baths could only soothe, hence the disease from the very start must have been fatal, so that the patient, notwithstanding all efforts of the physician, had to leave the earth.*”

Hahnemann viewed human body as a trinity of the conscious spirit, the instinctive Vital Force and the physical organization. This is the trinity of psyche in Homoeopathic philosophy – the functional polarity of the vital plane is represented by human essence and the Vital Force. So, this goes without saying that Hahnemann did not invent this idea but defined them in Homoeopathic paradigm. Hahnemann used the term, **Lebenskraft**²⁷, from **Lebens - life + Kraft - force, power, and energy**. He also used the terms **Lebens-Energie, life-energy, Lebens-Erhaltungskraft**, the substantive power of life, and **Nature-Kraft**, the power of nature. In the old historical German dictionary the term, **Lebenskraft**, is linked with the Latin root word, **Vigor Vitae**. This is important because the homoeopath must recognize the connection between the vital force and vitality, as it is essential to understanding the philosophy of healing. In the 6th edition of the Organon Hahnemann uses **Stahl's term, 'Lebensprincip'**, the life-principle, in several places. This term is associated with the Anima Mandi of Vitalism what Chamber's English Dictionary affirms.

Not only the modern science but also the homoeopaths those believing upon physiological school, pathological stand point also criticized Hahnemann for introduction of such obsolete theory in Homoeopathy. **Dr. T.P. Wilson**, in the editorial of Medical Advance (Jan. 1884) wrote "We reject the assumption of life principle, first because it is unscientific and secondly because it is not needed to account for the phenomenon of life, health and disease". **John William Draper** said such a preposterous doctrine would not bear the touch of exact science for a moment. **Carpenter** writes in Human Physiology: By resting assumption of a Vital Principle of organic agent as affording a sufficient amount of all that is mysterious in the nature of life, we really remove it from the domain of scientific enquiry. **Dr. Grauvogal** in his first part of '**Text book of Homoeopathy**' writes: from the natural laws of physiology thus far presented, no Vital Force can be inferred. **Richard Hughes** claimed Vital Force to be hypothetical and suggested to reject it. But at the same time we can see a strong support is being paid by **Dr. Wells** who commenting over Vital Force in Medical Advance vol. Xiv 7, as 'without this force as a chief factor Homoeopathy has no Philosophy; neither can there be, without this force included in it, any rational

²⁷ 'For should our vital force have its integrity impaired by injurious influences from without, then this force strives instinctively and automatically to free itself from the adventitious derangement (disease) by revolutionary processes' / Preface / 4th Edition of Organon/ Dudgeon

philosophy of life, health and sickness'. **Dr. Finkein** Medical Advance vol. Xiv No. 11 says 'the vital force which every birth, death and daily life can testify to'. Tate said 'to deny vital force seemed like being unable to distinguish between a cadaver and a living body'. **Robert** and **Kent** also strongly recommended this concept. **Robert** said that "In order to understand Homoeopathy and to get concept administering our remedies and even of taking the case, we must get Hahnemann's concept of principles that enter into the studies of Homoeopathic physician. One of the first and foremost element with which the Homoeopathic physician must be conversant is the different forms of energy, for it is on the basis only that we can practice Homoeopathically ---- this was the first introduction to the medical world of the rational concept of the life itself ²⁸."

Kent really tried to give a new meaning to this theory. He all together changed the idea of force to substance. He put some criterion upon which this simple substance plays in the body. Though Hahnemann changed vital force as vital principle in the sixth edition, even, though wrote, 'vital force of the vital principle' could not at all helped us to come out from the criticism of the world.

Here question comes what was the need of introduction of this age old, controversial and dogmatic theory in homoeopathy. What is the position of Hahnemann as a medical philosopher? He was **philosophically** speaking **Hahnemann** may be classed under the school of **Empiricism** but as it is said which was justifiable, he took the note²⁹ Like so many of his contemporaries Hahnemann was a **Deist**³⁰. Other view says, Hahnemann was a Vitalist. "He saw in the body but an organism made up of the material particle in themselves dead but vivified and adapted to the real living man, the spirit with us. The connection between this spiritual and immaterial being, on one hand, and psychologic function, on the other, was accomplished by the supposition that there existed a vital force which he designed Dynamis"³¹ But Stuart Close ascribes him as a substantialist. "The basic thought of Substantialism is that all things in Nature which exist or are really substantial

²⁸ The principles and Art of Cure by Homoeopathy/ Robert H. A. / B. Jain/ 1993/ P = 49

²⁹ Hahnemann's Organon – commentary by B. K. Sarkar/ M. Bhattacharya & Co. Calcutta/ 1987/ P = 85

³⁰ Samuel Hahnemann his Life and works / Richard Haehl/ ibid./P= 252

³¹ A Compend of the Principles of for Students in Medicine/ Garth Boericke/ B. Jain/ New Delhi/ 1991/ P = 67

entities. They may include the life and mental powers". Hahnemann's position and statements in regard to the Deity; to life, mind, vital force, matter, potentization (or dynamization), infinitesimals are all supports his substantialistic idea. Neither was he an idealist in the extreme sense of one who believed, with Bishop Berkeley (and Mrs. Eddy) that all which exists is spirit, and that which is called matter, or the external World, is either a succession of notions impressed on the mind by Deity, an illusion or "error," or else the mere edict of the mind itself as taught by Fichte.

CONCLUSION: Truth is that, apart from being substantialist, Hahnemann had no rode open to place him in the world of facts and reality. Homoeopathy deals with many **abstract ideas**. This begins with the concept of totality of symptoms. He expected the portrait of the disease but that never became equivocal, rarely Homoeopaths came down to a single remedy. He could not been able to produce a scientific mechanism to create the totality. It is not possible, we know, to frame the picture -is an art, but when we call homoeopathy is a science too, our guideline never get a foundation. The process of Individualization suffers from the same integrity of ideas. Hahnemann wanted to standardize (Idealism) everything. His cure has a definition, his physician has a definition, his expected knowledge form a physician has a definition – but how to find the characterizing symptom, how to known this expression is of worth – has no standardization. Same stands for the concept of miasm, a perception which is entirely based on conceptual work, having no way to prove. We have to depend upon the list of expressions written in books. We can refer page no. X or Y of chronic disease but we have no answer, if it is asked, what methodology was used by Hahnemann to conclude this. Same stands for Vital force. Same stands for the method of dynamization (ten strokes). Same stands for relationship of remedies (complementary, antidote, follows well, followed by etc.). Same stands for method of drug proving itself. But to be a science so much of abstraction cannot be granted.

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Review Article

Homoeopathic Treatment of Acute Urinary Tract Infection: A Review

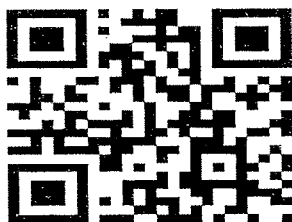
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ABSTRACT

Urinary tract infection is the most common bacterial infection managed in general medical practice. Upto 50% of women have UTI in at some time. Its prevalence in women is about 3% at age of 20 increasing by about 1% in each subsequent decade. Acute urinary tract infection can be effectively cured by homoeopathic medicines. Homoeopathy is a holistic science which cures patients by relieving their illness and tendencies permanently thus allowing cure in the Patient.

Keywords: Homoeopathy, Urinary tract infection, management



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INTRODUCTION

Urinary tract infection (UTI) is the most common bacterial infection managed in general medical practice. Upto 50% of women have UTI in at some time. It's prevalence in women is about 3% at age of 20 increasing by about 1% in each subsequent decade. In males UTI is uncommon, except in first year of life & in men over 60, in whom urinary tract obstruction due to prostatic hypertrophy may occur. Urinary tract infections (UTI) are very common morbidities encountered nowadays in clinical practice. The majority of UTIs are caused by the Escherichia coli (E. coli) bacteria. Urinary tract infections (UTI) are the third most common infections experienced by humans after respiratory and gastrointestinal infections.

UTI is defined as multiplication of organism in the urinary tract. It's usually associated with the presence of neutrophils and $> 10^5$ organisms in a midstream sample of urine.

AETIOLOGY

Organisms causing UTI in the community include:

- Escherichia coli derived from the gastrointestinal tract (about 75%)

- Proteus
- Pseudomonas species.
- Streptococci
- Staphylococcus epidermidis.

In women the ascent of organism into the bladder is easier than in men because of short urethra & absence of bactericidal prostatic secretions. Sexual intercourse may cause minor trauma to the urethra & transfer the bacteria from the perineum into the bladder.

The spectrum of presentation of urinary tract infection

- Asymptomatic Bacteriuria.
- Symptomatic acute urethritis and cystitis.
- Acute pyelonephritis.
- Acute prostatitis.
- Septicemia (usually Gram -ve bacteria).

Clinical Assessment

Typical features of cystitis and urethritis include

- Abrupt onset of frequency of micturition.
- Scalding pain in the urethra during micturition.
- Suprapubic pain during & after voiding.
- Intense desire to pass more urine after

micturition, due to the spasm of the inflamed bladder wall (urgency).

- Urine that may appear cloudy and have an unpleasant odor.
- Microscopic or visible hematuria.

Investigation

- Culture of MSU(midstream urine).
- Microscopic examination of urine or cytometry of urine for white & red cells.
- Dipstick examination of urine for blood, protein & glucose.
- Dipstick examination of urine for nitrite & leucocyte esterase.

Management

Antibiotics are recommended in all cases of proven UTI. Treatment for 3 days is the norm & is unlikely to induce antibiotic resistance. Trimethoprim is the usual choice of initial treatment. Nitro-norfloxacin & cefalexin are also generally effective.

Prophylactic measures for recurrent UTI

- Fluid intake at least 2 liters/day.
- Regular complete emptying of bladder.
- Good personal hygiene.
- Emptying of the bladder before & after sexual intercourse.
- Cranberry juice may be effective.

Homoeopathic Approach and treatment

Homoeopathy is a holistic science where we treat the person as a whole and not the illness per se. Prime significance is given to the individualizing features i.e. causative factors & peculiar characteristic of an ailment. Disease is a result of maladaptation of a person to unfavourable environment factor & its response is manifested in the form of sign & symptoms. This highlights the concept of individualization in homoeopathy. While dealing with the cases of acute UTI, a homoeopath not only record the symptoms of the disease but also its minute characteristic symptoms & psychological characteristic of the person which readily matches with a similar image from the homoeopathic materia medica.

1. **Berberis vulgaris:** Cutting constrictive pain in the bladder when full or empty. Burning pains. Sensation as if some urine remained after urinating. Urine with thick mucus & bright red, mealy sediment. Pains

in thighs & loins on urinating. Worse, motion, standing it brings on or increases, urinary complaints. Rapid change of symptoms.

2. **Cantharis:** Intolerable urging & tenesmus. Violent paroxysms of cutting & burning in the whole renal region sensitive to slightest touch, with painful urging to urinate; bloody urine, by drops. Cutting before, during, & after urine. Urine scalds him, & is passed drop by drop. Constant desire to urinate. urine turbid & scanty ; cloudy during the night, with white sediment.

3. **Pulsatilla:** Increased desire; worse when lying down. Burning in the orifice of urethra before & during micturition. Involuntary micturition at night, while coughing or passing flatus. After urination spasmodic pain in bladder with marked thirstlessness, peevish & chilliness.

4. **Sarsaparilla:** Urine scanty, slimy, flaky, sandy, bloody. Gravel. Renal colic. Severe pain at the conclusion of urination. Urine dribbles while sitting. Bladder distended & tender. Child screams before & while passing urine. Renal colic and dysuria in infants. Pain from right kidney downwards. Urine passes in thin, feeble stream. Pain at meatus. Worse after urination, before menses, dampness at night.

5. Lycopodium

6. Pain in the back before urinating, which ceases once the urine flows. Urine flow is slow in coming, must strain. Retention. Polyuria during the night scanty by the day. Heavy red sediment. Child cries before urinating.

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Review Article

Treatment of piles through Homoeopathy

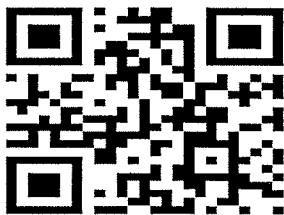
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ABSTRACT

Piles (hemorrhoids) are the swollen blood vessels around the anus. The veins can swell inside the anal canal to form internal hemorrhoids or veins can swell near the opening of the anus to form external hemorrhoids. Chronic constipation, irregularity of bowel evacuation, and prolonged sojourns on the toilet are thought to be conducive toward piles formation. Pregnancy, because of the pressure of the baby's head in the pelvis also leads toward hemorrhoid formation. Piles are the most common condition in the anal region and affects 10-15 percent of the populations at one time or another.

Keywords: Piles, homoeopathy, treatment



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INTRODUCTION

Whenever the internal piles pushes out of the anal opening the condition is known as prolapsed piles and sometimes blood gets collected in the external piles and there they form a clot, these are called as thrombosed external piles. Positions of hemorrhoids – they are usually situated in the 3, 7, 11 o' clock position, that is left lateral, right posterior and right anterior respectively.

Homeopathy is one of the most popular holistic systems of medicine. The selection of homeopathy remedy is based upon the theory of individualization and symptoms similarity by using holistic approach.

This is the only way through which a state of complete health can be regained by removing all the sign and symptoms from which the patient is suffering.

The aim of homeopathic medicine is not only to treat piles but to address its underlying cause and individual susceptibility. As far as therapeutic medication is concerned, several well-proved homeopathic medicines play an important role in treatment for internal and external piles that can be selected on the

basis of cause, sensation and modalities of the complaints.

For individualized remedy selection and homeopathy treatment for piles, the patient should consult a qualified homeopathic doctor in person. Some important homeopathic remedies are given below which are helpful in treatment for hemorrhoids: Aesculus hip.

This homeopathic medicine for piles has painful, blind, or protruding piles of purplish color which are very sore with aching, burning and itching and a sensation of sticks or splinters in the rectum, rarely bleeding.

Hard, dry stools passed with difficulty and followed by a feeling of prolapse of rectum. Pain in the back and hips; bleeding gives relief.

Other indicating symptoms are aching and weakness in the lumbar region, protruding purple piles with severe pain in lower back and fullness in the region of the liver.

Piles from chronic constipation may be cured with Aesculus.

Aloe socotrina

This homeopathic remedy is indicated when piles protrude like a bunch of grapes with great soreness and tenderness.

Constant backache, bearing down sensation in the rectum, sensation of fullness in pelvis. Piles are mostly moist due to constant mucus secretion from the anus. Dark blood after stool, when the blood passes like water from hydrant (profuse).

Intense itching and burning in the anus preventing sleep. Better by cold water, flatus with faeces.

Sense of insecurity in rectum when passing flatus. Lumpy, watery, jelly like stool.

Arsenic album

Burning pain and restlessness relieved by hot application. Piles burn like fire and skin around the anus gets excoriated. Painful spasmodic protrusion of rectum with severe tenesmus.

Great exhaustion from least exertion with burning pains. Night aggravation of complains with restlessness and fear and fright.

Collinsonia

Homeopathy medicine for piles and constipation. Piles with backache and obstinate constipation are the chief indications of this homeopathic medicine. Prolapse of rectum. Piles bleeding or blind and protruding.

It suits pregnant women who suffer from piles, and itching may be a marked symptom. Homeopathic medicine for piles during pregnancy. The indicating symptoms are chiefly a sensation of sticks in the rectum, with constipation from inertia of the lower bowel.

Hamamelis

Painless bleeding followed by prostration, which is out of all proportion to the loss of blood is the chief indication of this effective homeopathy remedy. The blood is of dark color.

There is anemia, breathlessness and weakness notwithstanding good appetite.

Bruised soreness of affected parts. Passive hemorrhage from any part as piles.

Muriatic acid

This homeopathic medicine has piles like bunch of grapes which look purple and burn when touched.

Piles in children: protruding; reddish blue.

Tendency to involuntary evacuation of stool while urinating.

Piles most sensitive to all touches, even sheet of toilet paper is painful.

Anal itching and prolapsus ani while urinating.

Piles during pregnancy, bluish, hot, with violent stitches.

Nitric acid

In this homeopathic medicine piles are extremely painful to touch and bleed easily during stool. Sticking, pricking pains as from splinters.

Pain is so severe that patient may break in sweat and becomes anxious. Blood from piles is profuse, dark and offensive. Haemorrhages from bowels and violent cutting pains after stools lasting for an hour after stool.

Severe burning and stinging. Rectum feels torn and severe fissures in rectum. Severe exhaustion and irritability after stools.

Piles associated with diarrhoea. Stools are greenish, slimy, watery and offensive. Stool come out with great straining.

Rectum feels full but nothing comes out as expulsion is difficult. Pain as from splinters in the rectum remaining for many hours after stool. Aggravation by cold applications.

Nux vomica

One of the main homeopathic medicine for bleeding or blind piles, to be given when there is burning pain and constipation with ineffectual desire.

If the Piles be large and blind, with a burning, stinging and constricted feeling in the rectum and a bruised pain in the small of the back, and especially if excited by sedentary habits or abuse of stimulants, then Nux may be prescribed with confidence.

Itching Piles keeping the sufferer awake at night, relieved by cold water, or bleeding piles with constant urging to stool, and a feeling as if the bowel would not empty itself are further indications.

Great sensitiveness of the anus cannot make use of the softest toilet paper; the piles are so sore and sensitive that the slightest touch is unbreakable.

Paenoia

Piles with ulceration, the anus and

surrounding parts are purple and covered with crusts, ulcers within the anus are very painful. The whole mucus membrane studded with ulcers and cracks. Biting, itching in anus that provokes scratching.

Anal orifice swollen and burning in anus after stool then internal chilliness. Fistula ani with painful ulcers. Purple Piles covered with crusts and severe atrocious pains with and after each stool.

Ratanhia

The rectal symptoms are most important for this homeopathic medicine. Homeopathic medicine for piles and fissures.

Aching in rectum as if full of broken glass. Anus burns for hours after stool and feels constricted. Dry heat at anus with sudden knife like stitches.

Stools must be forced with great effort and thus Piles too protrude out. Fissures of anus with great constriction and burning like fire. Piles too burn and get relieved by cold water.

Sulphur

This remedy helps in permanent cure of piles which have been suppressed. Troubles resulting from piles which have stopped bleeding, and as a result fullness in the head and uneasiness in the liver; constipation is present; a desire for stool and itching of the anus.

Itching and burning of anus and piles dependent upon abdominal plethora. Frequent unsuccessful desire to go to closet. Stool hard, knotty and insufficient. Redness around anus with Piles oozing and belching. Violent bearing-down pains from small of back towards the anus; lancinating pain from the anus upward, especially after stool.

Ammonium carb

Protrusion of piles after stools with long lasting pains cannot walk. Piles also protrude independent of stool.

Burning and itching in anus which prevents sleep. Piles worse at the times of menses.

Kali carbonicum

This homeopathic medicine for piles has painful piles, burning like fire and bleed copiously. Great distension and swelling inside.

Fistula of the anus. Burning temporarily relieved by sitting in cold water or by cold application.

Carbo veg

Protruding piles, blue, even suppurating, offensive, swelling, burning in the rectum. oozing of fluid from rectum. flatulence: Itching, gnawing and burning in rectum.

Soreness, moisture around anus at night. Discharge of blood with stool. White Piles with excoriation of anus. Bluish burning piles and pain after stool.

Millifolium

Hemorrhage from bowels. Bleeding piles and stool as well as urine is bloody. Blood is bright red in color.

Ficus religiosa

Hemorrhage and Piles. Bloody Piles with bright red blood and pain, soreness, burning, itching and aching in rectum.

Phosphorus

Homeopathic medicine for bleeding Piles and great weakness after stool. White, hard stool with discharge of blood from rectum each time with and after stool.

Painless copious debilitating stools with very fetid stool as well as flatus. Green mucus with long, narrow, hard stool like a dog's.

Seems as if anus is open at all times. Blood from Piles is bright red in color and great debility co-exists.

Thuja

Piles swollen and painful while sitting with burning pains in anus. Anus is fissured and painful to touch with many painful warts.

Constipation with violent rectal pains causing stool to recede. Distended, indurations in abdomen and chronic diarrhea.

Ignatia

Prolapse of piles with every stool, have to be replaced, sharp stitches shoot up the rectum. Aggravation for hours after stool. Stitches in hemorrhoids during cough.

Hemorrhage and pain aggravate when stool is loose.

Pressure as of a sharp instrument from within outwards. Sometimes no pain after a constipated stool.

Kali carb

Large, difficult stools, with stitching pain an hour before is the characteristic symptom for this homeopathy remedy.

Piles, large, swollen, painful. Itching, ulcerated pimples around anus.

Large discharge of blood with natural stool.

Pain in hemorrhoids when coughing; burning in rectum and anus; easy prolapse.

Silicea

Piles are intensely painful, boring, cramping from anus to rectum and testicles; protrude during stool, become incarcerated and suppurate.

Homeopathic medicine for piles that protrude with the stool and discharge bloody mucus; can only be returned with difficulty; Fistula in anus with chest symptoms; aching, beating, throbbing in lumbo-sacral region; anus is constantly damp

Causes of Piles

Piles symptoms probably result from increased intravenous pressure in the hemorrhoidal plexus (the veins in rectum).

Predisposing factors include heart failure, alcoholism, anorectal infections, pregnancy, anal intercourse, and occupations that require prolonged standing or sitting.

Other factors include hepatic disease, such as cirrhosis, amoebic abscesses, or hepatitis; loss of muscle tone due to old age, rectal surgery, or episiotomy; and straining due to constipation, diarrhea, coughing, sneezing, or vomiting.

Primary causes mainly include:

- Prolonged Standing position
- Anatomical factors – exerting during act of defecation
- Congenital weakness of vein wall
- Constipation
- Gravity
- Straining
- Irregular bowel habits

Secondary causes mainly include

- Carcinoma of rectum
- Portal hypertension
- Pregnancy

Sign and symptoms of Piles

- Painless bleeding
- Minor trauma causes bleeding
- External piles are painful
- Patient gives history of constipation
- Pruritus is common factor
- Discharge of mucus
- Irritation of perianal skin

Rectal bleeding should be attributed to hemorrhoids only after other more serious conditions have been excluded. Hemorrhoidal bleeding, which typically

occurs following defecation and is noted on toilet tissue, rarely leads to anemia; they are painful; only when they are ulcerated or thrombosed.

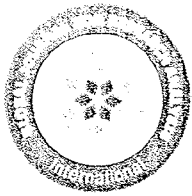
General Treatment for Piles

- Warm sitz bath
- Increase fluid intake
- Increase dietary fibre
- Stool softness
- Person should not sit for a long duration
- Exercise is helpful in relieving constipation

A high-fiber diet to keep soft is usually all that is needed for treatment of painless bleeding from grade I or II hemorrhoids. Some patients experience local problems with itching or burning, secondary to poor hygiene or edema associated with the hemorrhoids. This often improves with local measures such as diaper wipes, witch hazel pads, and sitz baths.

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ROLE OF TUBERCULINUM IN THE MANAGEMENT OF CHILDHOOD AUTISM.

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ABSTRACT

Autism spectrum disorder (ASD) is a range of complex neurodevelopment disorders, characterized by social impairments, communication difficulties and restricted, repetitive, and stereotyped pattern of behavior. India is home to about 10 million people with autism and the disability has shown an increase over the last few years. A clinical study of 10 well diagnosed cases of Autism in age group of 3-7 yrs were registered for treatment. Clinical diagnosis followed by Constitutional treatment and Intercurrent Homeopathic Medicines (Tuberculinum 1m) for 1 to 3 months, showed good results.

KEYWORDS - childhood Autism, Tuberculinum.**INTRODUCTION:**

Autism spectrum disorder (ASD) is a brain disorder that typically affects a person's ability to communicate with others. ASD form of disease generally begins in childhood and last through adulthood.

Review of Literature:

Types of ASDs are:

Autistic Disorder (also called "Classic autism")

This is most general form of autism people with autistic disorder typically have significant language interruption, social and communication challenges, and unusual behaviors.

Asperger Syndrome : People with Asperger syndrome, have mild symptoms of autistic disorder. They might have social challenges and unusual behavior and interests.

Pervasive Developmental Disorder: It is called " atypical autism" people with PDD-NOS usually have fewer and milder symptoms than those with autistic disorder.

Causes:

The exact reason for the causes of ASD is not known, it's likely to be associated to genetics and environment factors. Number of genes have identified that are associated with this disorder.

Material & Methods:

10 well diagnosed cases of Autism were registered for treatment at Lifeiron Healthcare Homeopathy Clinic, Bangalore from 2015-2019.

Clinical diagnosis followed by Constitutional treatment and Intercurrent Homeopathic Medicines showed good results.

Age group Selected for studies -3-7yrs.

Duration of treatment varied from Case to case.

In some cases Consistitutional medicine was Prescribed like Hyoscyamus, Lycopodium, Baryta carb, Stramonium, Natmur, Lachesis, Tarentula. Potency selection 200CH.

Patients were asked to visit monthly once.

Children were given homeopathic medicine based on the totality of symptoms.

Mother's History during Pregnancy considered.
Tuberculinum 1m Prescribed as Intercurrent.

Average period taken for repetition of Tuberculinum ranges from 1 month to 3 Months.

Some cases improvement shown only with Tuberculinum.
One case required Consistitutional Medicine, Intercurrent Medicine and Chamomilla for anger, fights in school as Sos medicine.

Observation & results:

Studies of patients with ASD have also found irregularities in several regions of the brain. Other studies suggest that people with ASD have abnormal levels of serotonin or other neurotransmitters in the brain.

Parents reported significantly more GI problems in children with ASD(249/589; 42%) Compared with their unaffected siblings(20/163; 12%).

The 2 most common GI problems in children with ASD were constipation (116/589; 20%) and chronic diarrhea (111/589; 19%). Increased autism symptom severity was associated with higher odds of GI problems.

Children tend to present this condition differently and in layers.

Treatment

Behaviour and Communication approaches focus on functional skills.

Dietary measures includes organic food, Gluten and Casein free Diet, Eliminating soy, corn, Potatoes and Rice.

Homoeopathic management: Tuberculinum children are very restless and hyperactive, even in their sleep.

Oppositional and defiant behavior is marked in these children. These youngsters can be very loud, forceful and have violent rages and tantrums and their behavior may be worsened by dairy products.

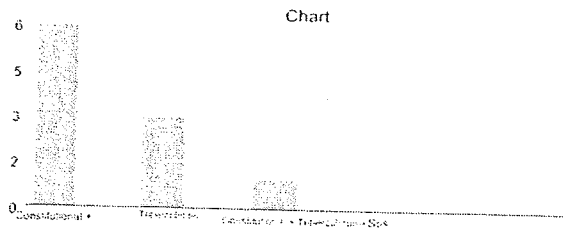
(Repertory: skin-Allergy-Milk to(1). Tuberculinum is also one of

our main remedies for bed wetting in children as well as for head thumping.

These children often have enlarged adenoids, chronic ear infections, allergies, esp. to cats and Milk.

These children tend to be more susceptible to adverse reaction to vaccines and medications, making them more liable to develop autism and other more serious developmental disorders.

Sn	Drug	No. of cases
1	Constitutional Tuberculinum	6
2	Tuberculinum	3
3	Constitutional Tuberculinum+ SOS	1



Conclusion:

Tuberculinum is one of the top remedies to help children with developmental and behavioral disorders.

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